

# WASH

## Safe Laundry Practices to Protect Against the Spread of the Coronavirus



### Be Quick

Clothes and bedding should be removed and washed as soon as possible to prevent the spread of infection.



### Be Thorough

Wear disposable gloves when handling laundry that could potentially be infected, and keep soiled items as far away from your body while loading them.



### Be Sanitary

After loading the machine, wipe down any knobs, handles and other commonly touched surfaces you may have interacted with. Sanitize your hands afterwards with soap and warm water or alcohol-based hand sanitizer.



### Use Heat

**CDC guidelines** recommend drying the fabric on the highest heat setting applicable to destroy the virus, as well as using of the warmest water the fabric allows to further disinfect.



### Separate Loads

Be sure to run separate loads for sick and healthy individuals. For extra protection, you could add a bleaching agent (chlorine or oxygen-based) to your wash, which will aid in the sanitation of the load.



### Clean Hampers

Frequently clean and disinfect clothes hampers and laundry baskets. Use a trash bag for clothing and linens that may have been exposed to the virus. Only use hampers or laundry baskets for clean clothes.

You can further protect yourself by regularly sanitizing with disinfectant spray or wipes according to the label's instructions. Be sure to wear gloves any time you are handling infected material or cleaning chemicals. Remember to thoroughly wash or sanitize your hands any time you contact with "high touch" surfaces and to avoid touching your eyes, nose and mouth.

